

# **Course Specification**

Cou	Course Summary Information			
1	Course Title		BSc: Fundamentals of General Practice	
2	BCU Course Code	UCAS Code	US1468 / US1470	
3	Awarding Institution		Birmingham City University	
4	Teaching Institution(s) (if different from point 3)		N/A	
5	Professional Statutory or Regulatory Body (PSRB) accreditation (if applicable)		Not applicable	

### 6 Course Description

This course will provide a solid foundation to further develop your career as a Nursing Associate working in general practice. The course will develop your clinical and academic skills. You will focus on the health needs of the general practice population alongside the core skills required to work as part of the interdisciplinary team. You will develop skills within your professional scope of practice working under the direction of a registered nurse.

Core skills, for example immunisation, cervical screening, ear care, wound care, contraception, and sexual health are covered in the first 20 credit module Core Skills for Working in General Practice: Caring across the Lifespan. A focus on consultation and communication skills will develop your confidence in building rapport with people seeking care across the lifespan. The second 20 credit module Long Term Conditions and Population Health provides a comprehensive introduction to epidemiology, population health and the care of people with long term conditions. You will explore the impact of health inequalities on health outcomes. You will have the opportunity to learn about and practice motivational interviewing to support people through behaviour change. To achieve the award of BSc you will then select a further optional 20-credit module from a range offered in the School of Nursing and Midwifery. These include for example, wound care, diabetes, cardiac care, or mental health. You will discuss with your personal tutor and course team the availability and selection of the most appropriate module to meet your career aspirations. To access the options, see https://www.bcu.ac.uk/health-cpd-courses/professional-practice-framework

General practice is a rewarding and compelling environment in which to work, you have the privilege of caring for people from 'cradle to grave', engaging with the communities and families you care for. You will get to know them over several years through many life transitions. Understanding these transitions and the needs of people at different stages of their life is threaded throughout the course. Your role being the prevention of ill health as well as empowering people to manage and live well with health-related issues. Yet general practice today is also a demanding and high-pressured environment to work in, Nursing Associates can feel isolated at times in comparison to working in a hospital setting. You will be consulting with large numbers of people seeking care and be under considerable time pressure. Therefore, managing your own stress, work-life balance and wellbeing is essential. You will be supported in developing your own strategies throughout the course to manage this and to be able to support others in your team. Communication, consultation, and time management skills underpin everything you do and there is a focus on this throughout the course. As your confidence and capability grow you will develop into an integral and key member of the team. The two core modules are delivered online synchronously via MS Teams which means you will interact in real time with your fellow students and lecturer's, except for the ½ day cervical screening



practical session which is delivered on campus. The 2 modules equate to 26 study days in total and in addition you will require a minimum of 40 hours of supervised practice in the workplace with a practice assessor. The study days for the optional module will depend on the module chosen. We have experienced lecturers with a background in primary care nursing supported by subject specialist lecturers. You will learn through a variety of methods including simulation, role play, debate, and case study approaches. Options for on-campus tutorials are offered for those who wish to take this up, equivalent sessions will be offered online. Your learning will be supported by a practice assessor and supervisors within your work setting and this learning is an integral part of the course. The course team will support you and your assessor to create opportunities for you to develop in your role and successfully graduate from the course. You will be supported by a personal tutor from the teaching team throughout the course.

Students undertaking the level 6 and 7 versions of this course are taught alongside each other enhancing peer learning and interaction. Students undertaking the level 6 and 7 versions of this module are taught alongside each other enhancing peer learning and interaction. As a student enrolling on the level 6 option, you will be expected to meet the QAA level 6 descriptors and produce work that draws on a wide range of reading, critically evaluates issues, and concepts, making judgements to produce solutions and apply this new knowledge to your field of practice.

Support to develop your academic skills and confidence in the interpretation of research will be offered throughout. On graduating from this course, you will therefore be well equipped to go on to further study or undertake registered nurse training.



7	Course Awards		
7a	Name of Final Award	Level	Credits Awarded
	BSc Fundamentals of General Practice	6	60
7b	Exit Awards and Credits Awarded		
	Not applicable		

8	Derogation from the University Regulations	
	Not applicable	

9	Delivery Patterns			
Mode	e(s) of Study	Location(s) of Study	Duration of Study	Code(s)
Blended		City South	1 year	US1468-02 (fee-paying)
Blended		City South	1 year	US1470-02 (contract)

# 10 Entry Requirements

The admission requirements for this course are that the applicant must:

- Be employed in the general practice setting for a minimum of 20 hours per week
- Be a registered Nurse Associate with current NMC registration
- Have a foundation degree on entry
- Have support from your employing practice



11	Course Learning Outcomes		
	Knowledge and Understanding		
1	Be able to devise and sustain arguments based on current research and the interpretation of knowledge to promote the best quality care.		
2	Have a conceptual understanding to take account of issues of equality, diversity, inclusivity, and safeguarding in the delivery of care.		
3	Formulate critical judgment using psychological theories, and communication skills to enable and empower people to improve, maintain or recover their health and wellbeing.		
	Skills and other attributes		
4 To apply communication and consultation strategies to deliver effective person-cer physical and mental health problems across the lifespan			
5	Work within professional scope of practice to deliver safe, effective, and high-quality care taking account of access and continuity.		
6	Engage with the interdisciplinary team to facilitate collaborative partnership working with individuals, carers, families, community, and voluntary organisations in the delivery of care.		
7	Have developed strategies to effectively manage stress and maintain personal wellbeing.		
8	Take responsibility for own learning and development needs to address any gaps in knowledge and skills.		

12	Course Requirements
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# 12a Level 6:

To complete this course a student must successfully complete all the following CORE modules (totalling 40 credits) plus one optional module choice of which to be discussed with the course lead:

Module Code	Module Name	Credit Value
TBC	Core Skills for Working in General Practice: Caring for People across the Lifespan	20
TBC	Long Term Conditions and Population Health	20
	Optional module	20



#### 12b Structure Diagram

Module 1Core Skills for Working in General Practice:Caring across the Lifespan Sept - Dec

Module 2 Long Term Conditions and Population Health Jan - Mar

Optional Module

Apr- Jun

#### 13 Overall Student Workload and Balance of Assessment

Overall student *workload* consists of class contact hours, independent learning, and assessment activity, with each credit taken equating to a total study time of around 10 hours. While actual contact hours may depend on the optional modules selected, the following information gives an indication of how much time students will need to allocate to different activities at each level of the course.

- Scheduled Learning includes lectures, practical classes, and workshops, contact time specified in timetable
- Directed Learning includes placements, work-based learning, external visits, on-line activity, Graduate+, peer learning
- Private Study includes preparation for exams

### **Workload**

#### Time spent in timetabled teaching and learning activity (two core modules shown here)

Activity	Number of Hours	Percent
Scheduled Learning	156	39%
Directed Learning	104	26%
Private Study	140	35%
Total Hours	400	100



The *balance of assessment* by mode of assessment (e.g., coursework, exam, and in-person) depends to some extent on the optional modules chosen by students. The approximate percentage of the course assessed by coursework, exam and in-person is shown below.

# **Balance of Assessment**

Assessment Mode	Percentage
Coursework	100%
Exam	0
In-Person	0